

## after surgiwire instruction sheet



### General Instructions

- *There is very little that you will have to do after the procedure.*
- *You may feel a dull ache for a few hours to one day, but any discomfort should dissipate shortly thereafter. If you would like to take some Advil or aspirin, doing so may reduce some of the discomfort but you should wait 24 hours before taking any such medication. Plain Tylenol or a prescription pain reliever can be used instead even immediately after the procedure. If you take Tylenol, you should not take the prescription pain reliever for 3 to 4 hours afterwards and vice versa.*
- *You may experience a little bit of swelling and bruising that will go away over the next few days to week. Use of an ice pack on these areas for the first day may help expedite the resolution of any swelling. Dr. Lam will employ his laser at 5 to 7 days to greatly reduce or eliminate your bruising within 48 hours of treatment typically. He waits until 5 to 7 days have gone by so that the bruise is more mature and the laser can work more effectively. There is no extra cost for this service. He typically would like to see you at 1 week to evaluate your result and to treat any bruising as necessary.*
- *If there is an obvious asymmetry or any irregularities, do not be alarmed. This is common finding after the procedure.*
- *If you should have any further questions, please do not hesitate to contact Dr. Lam at your convenience.*