

after injectable instruction sheet



General Instructions

- There is very little that you will have to do after the injection. For the first 48 hours, do not sleep on your face or apply undue pressure on areas that Dr. Lam injected. Also, laughing, smiling and excessive animation of your face during this period of time should be minimized if possible. However, all of this is okay (sleeping on your face and smiling) if you only had silicone micro.
- If you had Radiesse, you may feel a dull ache for a few hours, but any discomfort should dissipate by the following day. If you have discomfort that worsens or persists or any change in color of your skin like darkening or increasing redness, you must contact Dr. Lam immediately.
- You may experience a little bit of swelling and bruising that will go away over the next few days. Use of an ice pack on these areas for the first day may help expedite the resolution of any swelling. Dr. Lam will employ his laser at 5 to 7 days to greatly reduce or eliminate your bruising within 48 hours typically. He waits until 5 to 7 days have gone by so that the bruise is more mature and the laser can work more effectively. There is no extra cost for this service. He typically would like to see you at 1 week to evaluate your result and to treat any bruising as necessary.
- If you had silicone micro treatments, remember that the minimum time between sessions is 4 full weeks without exception. Remember to review the medications to avoid sheet at least one week prior to your next treatment session.